



# Coronavirus (COVID-19) Guidelines & Important Contact Details

## What should I do if I think I may have Coronavirus?

1. Stay at home and avoid unnecessary contact with others (please do not come to class)
2. Call the Coronavirus Hotline AND contact the relevant public health office
3. The public health office will then decide whether the individual should be tested for the Coronavirus and/or quarantine themselves
4. Please also inform the International Office at the HWR Berlin in parallel
5. Should you be diagnosed with Coronavirus, you must not enter the HWR Berlin's premises and are requested to report to the President's Office via email: [praesident@hwr-berlin.de](mailto:praesident@hwr-berlin.de)

## Contact information:

- **Coronavirus Hotline: +49 30 9028 28 28** (open daily 8:00 – 20:00)
- Public health office for students living in the **Eichkamp** dormitory: +49 30 9029 16020
- Public health office for students living in the **Schlachtensee** dormitory: +49 30 9029 93621
- Details of other public health offices can be found at: <https://tools.rki.de/plztool/>
- **International Office:** +49 30 30877 1354 or +49 30 30877 1260 or [incoming@hwr-berlin.de](mailto:incoming@hwr-berlin.de)
- HWR Berlin website regarding the Coronavirus situation:  
[www.hwr-berlin.de/en/study/international-study/coronavirus/](http://www.hwr-berlin.de/en/study/international-study/coronavirus/)

## Who should follow the above steps?

1. Individuals who have had contact in the past 14 days with someone confirmed as having Coronavirus
2. Individuals who were in high-risk regions in the last 14 days and have symptoms ranging from a light cold to lung infection
3. Individuals who were in high-risk regions in the last 14 days and have no symptoms

Only patients with **severe symptoms** should visit the hospital/emergency room. Should this be necessary, individuals should call the hospital in advance to inform them that this is a Coronavirus-related case.

**MEDICAL EMERGENCY: 116 117**  
**ONLY IN LIFE-THREATENING SITUATIONS: 112**



# Current information on the coronavirus

With simple measures, you too can help protect yourself and others from infection, recognise symptoms of disease and find assistance.



## Protect!

Stay as far away as possible from others when coughing or sneezing; better yet, face away from them. Sneeze into the crook of your arm or into a paper handkerchief that you then throw away immediately. Avoid touching other persons when greeting them and wash your hands regularly and thoroughly for at least 20 seconds with soap and water.



## Recognise!

The initial symptoms are coughing, a runny nose, sore throat and fever. Some patients also suffer from diarrhoea. Severe cases may experience breathing problems or develop a lung infection. Disease symptoms can emerge up to 14 days after infection.



## Act!

Have you spent time in an area that has already seen cases of the novel coronavirus? If, within 14 days, any of the above-mentioned disease symptoms emerge, avoid unnecessary contact with other persons and stay at home wherever possible. Get in touch with your doctor by phone and discuss how best to proceed, before going to his or her office. Have you had contact with someone suffering from such a disease? Get in touch with your local health office.

For all further information go to:

[www.infektionsschutz.de](http://www.infektionsschutz.de)